



SYSTEMIC FAMILY THERAPY E-NEWS

AN IFTA PUBLICATION

August 2023

Vol. 15, Issue 3

Editor: Daniel Stillwell, USA

INSIDE THIS ISSUE

INTERVIEWS

- 1 Dr. Carlos Ramos
- 1 Margaret Hodge
- 3 Dr. Ileana Ungureanu
- 3 Dr. Jeff Chang
- 3 Dr. Maxim Kolesnichenko

REGULAR FEATURES

- 2 Upcoming IFTA Conference
- 7 *International Journal of Systemic Therapy*

GET CONNECTED



www.ifta-familytherapy.org

INTERVIEWS FROM IFTA CONFERENCE 2023

Dr. Carlos Ramos

Virtual Reflecting Teams in Bilingual Therapy and Supervision with Latino/a Families



[CLICK HERE TO WATCH](#)

Dr. Carlos Ramos's theoretical orientation is grounded in Ericksonian and systemic concepts. His interests include clinical hypnosis, bilingual supervision and therapy, and qualitative research. He is an assistant professor in the psychology department at Our Lady of the Lake University in San Antonio, and the certificate director of Psychological Services for Spanish Speaking Populations.

Interview with Margaret Hodge

Assessing for Family Violence in the Room



[CLICK HERE TO WATCH](#)

Marg has worked as an EAP counsellor and Men's Behaviour Change program facilitator for 20+ years. In 2013 was appointed to the role of City Branch Manager at LifeWorks (became Relationship Matters) and subsequently as Branch Manager/Counselling Manager – City and Satellite sites concomitantly was Manager of the Family Violence Intervention program until 2018 at which time she left the organisation. She worked with Connections UnitingCare as a Team Leader within the Family Services Team, until 2013. From March to October worked at Doncare Community Care and Counselling Centre Inc. as the Acting Director of Clinical Services. She supervised 30 counselling volunteers, seven counselling supervisors and four other clinicians making up the Counselling program. The Domestic Violence Advocacy Service had up to 44 volunteers and three salaried team members. The portfolio required strong leadership, good administrative skills, supervision at many levels.

INTERVIEWS CONTINUED ON PAGE 3

2024 World Family Therapy Congress Toyoma, Japan

April 9 - 13, 2024



The 2024 World Family Therapy Congress of the International Family Therapy Association will be in Toyoma, Japan. The Congress will be held at the Toyama Civic Center and the DoubleTree by Hilton Hotel will serve as the Congress hotel. We invite you to join colleagues from around the world.

Like all IFTA Congresses, it will feature many approaches to a variety of problems and ways of coping with them. The congress aims to help heal hurting couples and families in various cultures.

Call for Proposals:

Watch ifta-congress.org for OPEN date & Registration Opening

Proposals are sought for the in the following categories:

- Brief Presentation (20 minutes)
- Lectures/workshops (45 minutes)

Proposal Information:

<http://ifta-congress.org/docs/GeneralGuidlines.pdf>

<http://ifta-congress.org/docs/StudentGuidlines.pdf>

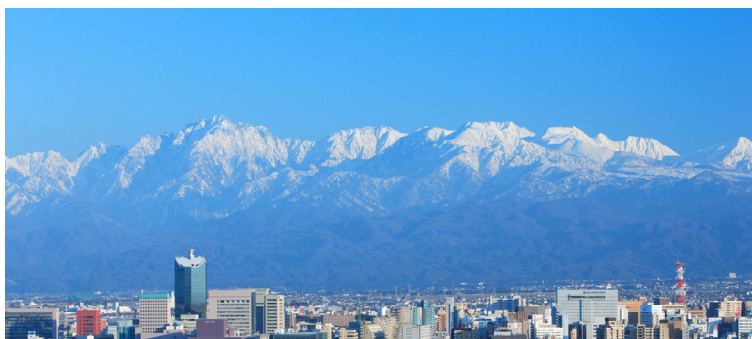


The Congress Languages:

The Official Language of the congress is English and all abstract proposals must be submitted in English. Workshops, however, will be in English, Mandarin, and Japanese.

Students:

Students must send proof of student status (scan of student ID) to info@ifta-congress.org to receive a Promo code in order to register as a student



*INTERVIEWS FROM IFTA CONFERENCE 2023 CONTINUED***Interview with Dr. Ileana Ungureanu****“Looking for cheapest toilet paper”: Sociocultural trauma of poverty in couples’ dynamics****[CLICK HERE TO WATCH](#)**

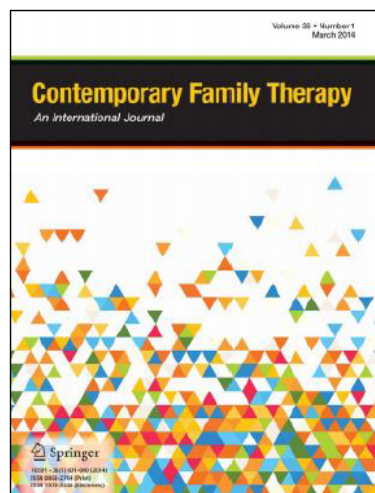
Dr. Ileana Ungureanu, LMFT, specializes in working with relationships, especially couples where one or both partners experienced trauma, as well as individuals struggling with echoes of trauma in their relationships. From her previous professional life, when she still worked with families but as a physician, she brings expertise in working with the impact of chronic illness on relational dynamics. She is also helping her clients to address issues of trauma, depression, anxiety, loss and grief, cross-cultural, and also spirituality and religion. To help her clients healing disruptions in their close relationships, Ileana uses an emotionally-focused therapy, trauma-informed approach, always considering the complexity of multicultural aspects that shape our lives. Dr. U, as her students fondly call her, received her MA and PhD in Marriage and Family Therapy from Syracuse University, where she studied as a Fulbright scholar. She is currently teaching at Governors State University in both the master and doctoral programs in Marriage, Couples and Family Counseling, supervising and mentoring future professionals. She published professional literature, presented at conferences, both nationally and internationally, and is also actively involved in training family therapists in Timisoara, Romania, at the Areopagus Institute for Family Therapy.”

Interview with Dr. Jeff Chang**Basic Family Therapy Skills for Individual Counsellors****[CLICK HERE TO WATCH](#)**

Dr. Jeff Chang is a professor at Athabasca University in Alberta, Canada, and a supervisor and consultant at Calgary Family Therapy Centre. Jeff practices, publishes, and presents on high conflict divorce, children’s and school-based mental health, postmodern approaches to therapy, and clinical supervision.

Interview with Dr. Maxim Kolesnichenko**Study of Transgeneration Trauma in military servants engaged in countering Russian aggression during the full-scale invasion on the territory of Ukraine 2022-2023****[CLICK HERE TO WATCH](#)**

Maxim Kolesnichenko, PhD, psychologist, family therapist. Conducts training programs and therapy groups. Work with victims of the war in Ukraine and internally displaced persons.



CALL FOR PAPERS

DISCONTINUATION IN SYSTEMIC THERAPIES

March 2024 Issue

Preliminary indication of intent: August 1, 2023
Manuscript submission deadline: September 1, 2023

Contemporary Family Therapy: An International Journal

The Editor of *Contemporary Family Therapy* seeks manuscripts for an upcoming Special Issue: Discontinuation in Systemic Therapies.

Behavioral health practitioners, researchers, and stakeholders have recognized discontinuation as a significant issue. There continues to be disagreement among researchers about how to define, interpret, and report discontinuation in systemic therapies, particularly in MFT. Further, there has been relatively little research into the process of discontinuation for couple and family therapy constellations. Empirical research into the unique process of relational therapy discontinuation in systemic modalities, alternative settings, and in treatment-as-usual conditions would advance the MFT field's understanding of this phenomenon. Specifically, the following are topics of particular interest and relevance to discontinuation research in relational therapy:

- Cultural diversity (broadly defined) and discontinuation
- Discontinuation in telehealth/technology-assisted modalities
- Discontinuation in relational constellations (couple or family therapy)
- Qualitative studies of relational discontinuation
- Training and supervision around discontinuation
- Interventions and strategies for reducing discontinuation

We welcome other submissions in addition to the topics listed above that focus on discontinuation research. Papers should contain original and unpublished work; qualitative as well as quantitative studies and case reports are welcome. The manuscripts submitted for this Special Issue will be evaluated for their originality, methodological rigor, clarity and relevance of results, as well as their potential impact on the practice of conjoint systemic therapy.

If you are interested contributing to this special issue, please e-mail your expression of interest by August 1, 2023 to Carissa D'Aniello, Guest Editor at Carissa.DAniello@farfield.edu. Similarly, if you have questions about whether a topic or methodology is appropriate, please feel free to contact the guest editor directly to discuss it.

The submission deadline for manuscripts to be considered for the Special Issue of *Contemporary Family Therapy* is September 1, 2023. Manuscripts should be submitted electronically via Scholar One.

Guest Editor: Carissa D'Aniello, Fairfield University, Carissa.DAniello@farfield.edu



CFTC



**UNIVERSITY OF
CALGARY**

CALGARY FAMILY THERAPY CENTRE 50TH ANNIVERSARY CELEBRATION AND CONFERENCE

"Bringing Forth Generativities
Within Relational Disquiet"

August 16 - 20 2023

Calgary, AB, Canada



More Information including Call for Proposals

<https://www.familytherapy.org/conference>





AFT Conference 2023

*Building Bridges for Peace –
Promoting Peace and Conflict Resolution*

AFT

WWW.AFTCONFERENCE.CO.UK



**September
14 & 15**



**Online event
Replays available**



CPD 15 hours

[CLICK HERE TO REGISTER NOW!](http://WWW.AFTCONFERENCE.CO.UK)

The AFT Virtual Conference 2023 is about healing, reaching out and reconnection – to celebrate where we have made real progress, and think together where there is work to be done.

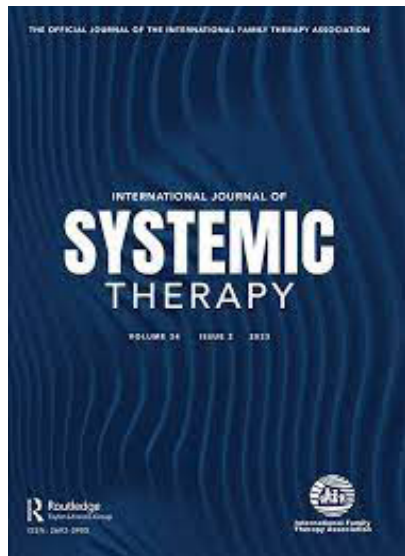
We have a fantastic line-up of interesting and exciting speakers, including Jo Berry from Building Bridges for Peace, who has kindly agreed to join us. Jo founded the charity after losing her father Sir Anthony in the Brighton bomb in 1984 and since 2000 she has been working with the ex IRA combatant Patrick Magee who was convicted for the Grand Hotel bombing. In the last 22 years they have spoken together over 300 times and Jo draws on this experience in all the work she does.

The lessons she has been learning are now part of her work in demonstrating the power of empathy, how we can not choose revenge and blame. Above all she is working for a world where no one is demonised, where everyone has their truth and we find ways to resolve conflict so all win (buildingbridgesforpeace.org).

We also had confirmation that Thupten Jinpa will be joining us at our conference. Thupten Jinpa, Ph.D. is the founder and chairman of Compassion Institute, and the principal author of Compassion Cultivation Training™ (CCT©), the Institute's flagship compassion education offering, developed while Jinpa was at Stanford University. Jinpa also serves as an adjunct professor at the Faculty of Religious Studies at McGill University, Montreal, and is the founder and president of the Institute of Tibetan Classics. He has been a core member of the Mind and Life Institute and its chairman of the board since January 2012. Jinpa has been the principal English translator to H.H the Dalai Lama since 1985. His work is focused on how ethics is grounded in compassion.

Journal Editor: Todd M. Edwards, PhD, LMFT

RECENT ARTICLES



Emotion Focused Therapy and Chinese American Clients: An Exploration Using the Cultural Lens Approach

Daschel Franz, Celia Caffery, Yijun Cheng, Elizabeth Hua,
Christopher G. Capron, Angela Allmendinger & Krista Chronister

Acceptability, feasibility, and effectiveness of internet-based emotion-focused cognitive behavior therapy with husband participation for Iranian pregnant women with anxiety disorder

Mojgan Shariatpanahia, Mahbobeh Faramarzi, Shahnaz Barat,
Azadeh Farghadani & Hoda Shirafkan

The Five Facets of Mindfulness & Texting: A Moderation Analysis

Katherine L. Morris & Marissa A. Mosley

The *International Journal of Systemic Therapy* is freely available online to IFTA members

ATTENTION! The Turkish Psychological Association would like assistance on collaborating for trainings, webinars, and working toward healing after the major earthquake disaster. Please reach out to Daniel (email below) and he will connect you with the appropriate people.

Family Trauma Institute

TRAINING PROFESSIONALS TO
BECOME FAMILY TRAUMA EXPERTS

**Do you want tools to treat the
entire traumatized family?**

**Please visit us at
familytrauma.com**

SECRETARIAT:

William Hiebert
General Secretary, IFTA
WJHiebert@aol.com

Marriage & Family Counseling Service
1800 3rd Avenue, Suite 512
Rock Island, IL 61201 USA
309-786-4491



**International Family
Therapy Association**

E-NEWS EDITOR:

Daniel Stillwell, PhD, LMFT-S
DStillwell@ifta-congress.org
Charlotte, NC, USA