

The International Connection

The International Family Therapy Association



Volume 21, Number 1, February 2008

Portugal Site for 2008 World Congress

November 30 - Early Registration Begins, October 31 - Deadline for Abstract Submission



The 2008 World Family Therapy Congress opens in Porto, Portugal March 26. This is IFTA's 16th World Congress. The Congress organized around the theme of Transformation and Globalizations: Family Therapy in the 21st Century. The Congress program will include IFTA's traditional plenaries, workshops, short presentations and posters, according to Judith Landau, IFTA President.

Pre- Congress workshops start the Congress on **Wednesday, March 26**. The workshop themes and presenters are:

- Nurturing Hidden Resilience across Cultures and Contexts; Michael Ungar
 - Positive Parenting with a Plan Empowering Parents with Challenging Adolescents; Matthew Johnson
 - With Your Ears, Your Eyes And Your Heart: About The Therapist's Listening In Family Therapy Practice; Peter Rober
 - Taming the Monster: Intensive Therapy with Severely Disturbed Couples; Jan Bout
 - Family Therapy with Suicidal Adolescents; Anthony P. Jurich
- The Congress itself runs March 27 - 29.

The seven plenary speakers addressing the Congress are: **Constance Ahrons (USA)** is known for her work on how divorce impacts families; **Maria Emilia**

Costa (Portugal) specializes in intimacy and family therapy; **Valentín Escudero (Spain)** is interested in therapeutic alliances in couple and family therapy; **Lynn Hoffman (USA)** is a leading thinker and practitioner in the field of family therapy; **Esher Perel (USA)** focuses on cultural identity and cross-cultural issues; **Rosa Maria S. Macedo (Brazil)** specializes in family therapy training; and **Daniel Sampaio (Portugal)**, is a well-known author and professor.

The World Family Therapy Congress has a rich history of bringing together the greatest clinicians from the field, and in Porto we will continue this worthy tradition, said William Northey, Congress Chair. In addition to showcasing the preeminent thinkers and scholars in family therapy, it will probe the complexities of family life and the human condition and consider the crucial role that family therapy plays.

The City of Porto will also honor participants with a welcome reception. There is no doubt that our Portuguese hosts are doing all they can to make this congress a very special one.

You may learn more about the conference from the website: www.paragon-conventions.com/ifta2008

2008 World Family Therapy Congress Scientific and Hosting Committee Named

The Scientific and Hosting Committees of the 16th World Family Therapy Congress have been busy planning the Congress. The Scientific Committee is in charge of arranging the speakers and the workshop. "The Scientific Committee is comprised of 13 includes individuals from a variety of countries," said Dr. Northey, Chair of Congresses.

The Scientific Committee is co-chaired by William F. Northey, Jr. (USA) and Celia Sales (Portugal) and includes Madalena Alarcão, Portugal; Francisco Ortega Beviá, Spain; Maria Emília Costa, Portugal; Brian Jory, USA; Shobha Pais, USA; Francisco Xavier Pina Prata, Portugal; Fatma Reid, Turkey; Ana Paula Relvas, Portugal; Maria Teresa Ribeiro, Portugal; Daniel Sampaio, Portugal; and Elizabeth Wieling, USA.

The Hosting Committee is concerned with local arrangements and is chaired by Célia Sales and includes Cidália Duarte, Lia Fernandes, Miguel Garrido, Sónia Gonçalves, Paula Mena Matos, Isabel Narciso, Luís Miguel Neto, Daniel Sampaio, and Paulo Duarte Vitória.

IFTA BOARD NOMINATIONS SOUGHT

Three elected Board members will complete their terms on June 30, 2008: Judith Landau, MD, USA, Shobha Pais, PhD, USA and Chris Venter, PhD, South Africa. While Judith Landau continues on the Board as President, her position as a director and the two other positions are open for election.

Nominations for Board directors are open and members wishing to nominate board candidates should contact the Secretariat for the proper forms.

The officers for 2007 - 08 are: Judith Landau, President; Francisco Avides, President Elect, Toby Herman, Past President, William Northey, Treasurer and Comptroller and Chris Venter, Secretary.

SEE YOURSELVES AND YOUR FRIENDS IN ACTION AND AT PLAY AT IFTA CONFERENCES!

Photographs IFTA International Congress are available for viewing. There are two ways to access the photographs on the web.

Either go to the IFTA website at: www.ifta-familytherapy.org and then click on the link "Photo Gallery" on the left side of the page, or go directly to the conference photo site at: ifta.smugmug.com

Enjoy seeing images from the past conferences in Iceland (2006), Washington, D.C. (2005), Istanbul, Turkey (2004); Bled, Slovenia (2003); and Porto Alegre, Brazil (2001). Copies of many of the images are available through our IFTA photographer, Pamela R. Lessing Friedman.

VISITING PORTO

The 16th International Family Therapy Congress will be held in Porto, Portugal at the Porto Palcio Hotel. Porto, one of Europe's oldest cities, is an event in itself! Breathtaking monuments and masterpieces of contemporary architecture, a surprisingly traditional yet highly cosmopolitan life-style, World Heritage sites and stunning views, glamorous settings and charming amenities.

Porto is the regional capital of northern Portugal and is known mainly for its trade in Port wine, which travels along the east-west trending Douro River that starts in Spain. Porto has for its long history, been known as a cosmopolitan trading center. It still has a blue collar working class feel, but it's a sort of Vasco de Gama working class with a timeless style. Porto's wealth of over 2000 years of history was recognized in 1996 by UNESCO as part of the World Heritage.

Porto is Portugal's second-largest city, with 300 000 inhabitants, and the head of an area of great vitality, with a population of 1.2 million, ideal gateway to the undiscovered North of Portugal. Porto is located 300 kms north of Lisbon, well connected with all European Capitals. All major Airlines fly directly to Porto: Lufthansa, Iberia, Air France, Swiss, Transavia, Ryanair, Air Berlin, Luxair, SN Brussels, Hapag Lloyd among others. The national carriers are TAP and PGA (Portugália). Both have offices in most European capitals and offer direct flights to Porto.

As many of the participants spoke mainly Czech and/or Slovak, major sessions were simultaneously translated into these two languages, and into English when presentations were made in those languages. Many of the sessions dealt with the utilization, amplification and extension of the Satir Model – which has adherents in many countries. There was a large contingent present from Hong Kong, where John Banmen commutes to direct a Satir training program, and I witnessed some captivating cross-cultural semi non-verbal action workshops.



The International Connection is the official newsletter of the International Family Therapy Association. Secretariat offices are located at 1800 3rd Avenue, STE 512, Rock Island, IL 61201, USA. Officers for 2008 are: Judith Landau, President (USA); Francisco Avides, President Elect (Mexico); Toby Herman, Past President (Iceland); William Northey, Treasurer (USA); and Chris Venter, Secretary (South Africa).

Secretariat News:

General Secretary: William Hiebert, DMin



William Hiebert

Secretariat Enrolls New Members at Congresses

Since March of 2007, General Secretary William Hiebert and Administrative Assistant Fred Jefferson have hosted an IFTA table at congresses around the world including Istanbul, Turkey for the Turkish Family Therapy Association, at the invitation of TFTA President Murat Doktor and at the 2008 Prague World Congress in May. Currently, IFTA has over 420 members, an increase of over 100 new members in the last year.

Changing Email Addresses?

Please keep the Secretariat up to date with your new email address. Forward any email address changes to the Secretariat as well as any postal address or telephone number changes.

Online Renewal of Memberships Tips

When renewing online, some members have had their credit card declined because of mistakes in entering the information.

HERE ARE SOME TIPS:

- Be sure that the name on credit card that you place on the bottom of the application is exactly the same as the name that is actually on the credit card.
- Be sure that the Billing Address is exactly the same as the address where the bill arrives from the postal service.
- If you are using someone else's credit card, be sure you have the above information accurate, i.e., their complete name and billing address.
- Click the Submit button ONLY once. If your card is declined, wait 24 hours and try again.
- If you have difficulty with the application not moving correctly and being able to view it correctly, your browser needs to be upgraded.

If you wish to renew your membership online (the fastest and easiest way to do it), simply go to www.ifta-familytherapy.org and click on Application/Renewal and follow the instructions.

Training Division Membership Can Now be Renewed Online

Training Division members can renew their Training Division membership online at the same time as they renew their IFTA membership. New members can also join the Training Division when they join IFTA online.

Recent Books... Correction

In the previous issue in the Recent Books, the Handbook of EMDR and Family Therapy Processes by Francine Shapiro, Florence Kaslow and Louise Maxfield was reviewed. By mistake, another book title appeared above the Handbook title (i.e., Facism and Demoncaracy in the Human Mnind). We apologize to the authors for this mistake.

JFP Celebrates 10 years as IFTA's Official Journal

Terry S. Trepper, Ph.D., Editor

The Journal of Family Psychotherapy is now in its 19th Volume Year, and its 10th since assuming the role as official journal of the International Family Therapy Association. As we approach our 20th anniversary, we are heartened to note that the Journal has been extremely successful in its mission. The Journal serves both clinicians and academics, by providing a forum for current information that can be of immediate use to family therapists, while still maintaining its academic rigor. In the past few years, the Journal has expanded its international focus, adding a number of leaders in international family therapy to its editorial board, and by adding a section on Family Therapy Around the World. Of course, being the official journal of IFTA has also encouraged more participation in submissions, reviews, and board membership from around the world. Besides the Family Therapy Around the World section, the Journal also has ongoing sections called Intervention Interchange, edited by Dr. Thorana Nelson, and which offers short descriptions of clinical interventions which will be of immediate use to readers; Family Therapy and Mental Health, edited by Malcolm MacFarlane, which focuses on the intersection between family therapy and traditional mental health services, such as psychopharmacology; and Media Reviews, edited by Dr. Thomas Carlson, which offers reviews of current books, video, and other media of interest to family therapists.

An event recently took place which will have some impact on the Journal. Haworth Press, which has published the Journal since its inception, was sold this summer to the Taylor & Francis Group. Taylor & Francis is one of the largest publishers of academic and professional journals, and felt that acquiring Haworth Press's journal catalog was a natural in their ever expanding business. I am happy to report that, as one of Haworth Press' most successful journals, the Journal of Family Psychotherapy will keep publishing and in its current format. There may be some production changes that could result in a different look for the journal, but the editorial content and focus will remain the same.

As this sale happened rather quickly, and the moving of the publishing offices from Binghamton, New York to Philadelphia is occurring at this time, there could be some specific issues that we have not thought about. If you have any problems with your IFTA-based subscription (either hard-copy or electronic version), contact me or General Secretary William Hiebert. I can be contacted at trepper@calumet.purdue.edu, and Hiebert at WJHIEBERT@aol.com.

Please continue to send your article submissions to: Terry S. Trepper, Ph.D., Editor, Journal of Family Psychotherapy, Department of Behavioral Sciences Purdue University Calumet, 2200 169th St., Hammond, IN 46323 USA.

A Tourist's View of family Life in Northern India

Florence W. Kaslow Ph.D.

November 2007 my husband and I took a tour to Northern India that was billed as deluxe and included home visits to two families. We had encouraged an East Indian friend for whose family we had served as a host family some forty plus years ago when she was a doctoral student at the University of Pennsylvania to accompany us, which she did for the first two thirds of the trip. We had also been citizen sponsors when she and her (now deceased) husband applied for US citizenship and were eager to meet her extended biological family of origin, many of whom still reside in New Delhi. It was marvelous to have her along as a traveling companion and as someone knowledgeable about Gandhi, Nehru, the India / Pakistan partition, social welfare, and many other issues, then and now, at a quite different level than the tour guides.

We stayed primarily at the Taj chain of hotels and resorts and these are excellent – ranked in the deluxe, luxury category. A mainstay for sophisticated travelers in India, the Taj owners are among the new group of Indian billionaires who are investing in building hotels in Dubai and other Arab as well as Asian countries, and also buying properties in the United States, like the long venerated Plaza Hotel in New York and the former Ritz Carlton hotel in the center of Boston. Less than a decade ago and for several preceding decades the US was investing in joint ventures to help Asian companies build hotels in their countries. Now foreign companies are investing heavily in real estate and other industries here. This is just one of the many overt signs of the changing global economy that was so visible there. However, we heard nothing about this company's investment in helping the multitude of individuals and families living below the poverty line there – this was not in any of the publicity, radio and television news or business magazines we read during our three week stay nor were any of our tour guides aware of such beneficence.

In a population currently estimated at 1.1 billion people, India's numbers continue to escalate. Two and a half to three million live in dire poverty – that's about 25%. Yet at the same time India's richest billionaire has surpassed Bill Gates! The divide between rich and poor is vast and an end to this bi-modal distribution is not expected in the foreseeable future. We were constantly hearing that the Indian stock market had almost doubled in 2007, that the Information Technology (I.T.) industry is booming partially because the US is outsourcing so much work there, and many of those who come to the US for college and graduate school are no longer remaining here but now return to their homeland to become entrepreneurs and leaders in their own start up companies. There they can quickly develop these into successful I.T., building, engineering and other firms for which they are the CEO's, COO's, and CFO's. The opportunities for them are greater in India now than if they remained in the U.S. and they can return to their culture, rejoin

their families, and become part of the emerging middle class. This phenomena is visible in the new suburban housing and high rise condominiums arising in and around big cities like New Delhi and Mumbai.

Sadly, simultaneously when we rode around the streets of these two large and many smaller cities, we saw hordes of families sleeping on the streets and sidewalks and the railway station platforms. They shared these congested, littered spaced with the many cows (and other animals) who really do roam freely everywhere, with mounds of cow dung (which when dried out may be used for roofing on a hut) and other debris.

There is mandatory education throughout India, but, it is not enforced and record keeping on children born is woefully inadequate.

Therefore, many children never go to school or learn to read or write. Consequently, although the caste system was legally abolished several decades ago, it has been replaced by a rather difficult to break out of class system. The former "untouchables" are now the ultra poor.

The upper caste maharajas are now "infiltrated" by the new billionaires, but really being accepted into a higher social strata is difficult. Some of this allegedly does occur with the new super star celebrities, the glamorous and idolized mostly home grown stars in Bollywood – India's burgeoning film industry, and the other billionaire notables.

Commitment to the extended family is a very important value and a guiding principle. In families that follow both the Hindu religion, which is the major one, followed by Buddhism, importance of the family is a central, core value. Thus, with the ultra poor, they sleep together on the streets. Often when the work a parent does is approaching tourists getting off a bus at tourist sites to sell a product; a child goes along and does the same thing or siblings work in tandem. Often emaciated looking mothers carrying "skinny" babies stand at bus windows with one hand out – begging and looking pitiful. Since the poor are accustomed to living in terrible congestion, there seemed to be little respect for any one else's space or privacy and when these "aggressive" vendors approached, they came and stood very close and endowed "in your face" with new meaning for us, trailing one to their destination. Even saying "no" emphatically was disregarded. On the positive side, such determination and persistence can be construed as signs of

ambition and not being easily discouraged. Many of the thousands of stalls that proliferate in the large market places and on the streets in the countryside are also family owned and operated and families are seen working together farming by hand and plowing, with little mechanization. Women in beautiful, brilliant colored saris work alongside the men in the family in stalls, stores, on farms, and in road construction. Many of the magnificent Jewelry Shoppe's in Jaipur, one of the great jewelry centers of the world, and in the upscale stores in the fine hotels – were also family owned and operated.

Middle, upper middle and upper class families have traditionally lived together or very nearby if the parent's home is too small to accommodate everyone after the children marry. Since it is a patrilineal society, newlyweds are expected to live with the

man's family. We were fortunate to be invited to our friend's brother's home for dinner in an upper class suburban three story town house. All of her extended family who still reside in the New Delhi area as well as many of her friends with whom she went to college and Law school came to the elegant and elaborate buffet dinner. Our host and hostess were most gracious and warm; we were treated regally. Typically they lived on the first floor – each of

their married sons and families had their own apartments on the upper two floors. Despite the fact that they had had this relatively new home built with separate kitchens in each apartment (not customary), the family still tends to eat almost all of their meals together.

I had a chance to talk to one of the daughter-in-laws who lived there and she indicated it was a great and convenient arrangement. One was never lonely, but one can retreat to their own quarters and room when they want privacy or work time. Someone was always around to baby sit, in addition to the live-in nanny, and she and her husband can easily go on vacations without children, if they prefer. When they do, after a few days she misses the hub bub of family life together. Our friend reported feeling drawn back into the power and warmth of the family closeness, embrace and love – something she has not been able to recreate in the US, despite having three children and four grandchildren here. They do not live nearby, as happens in India, nor is frequent family involvement and togetherness the custom here; rather it is pejoratively labeled "enmeshment". Yet such familism is sorely missed by many, like her, who immigrate to the U.S. from many other countries.

One of the home visits arranged by the tour group was to the somewhat palatial home of a retired former high ranking military officer. His military bearing and the propriety with which the lunch was served



Continued on page 5



TRAINING MATTERS

Phoebe Prosky, Coordinator/Secretariat

At the suggestion of the IFTA Board, the Training Division is expanding to become the Training and Education Division. In this expansion we will be incorporating the explorations, already underway in other parts of IFTA, of helping countries develop standards for accrediting family therapists. We will also be working on making available a selection of curricula for countries to draw on in developing their own training programs. IFTA's president, Judith Landau, has appointed several new members to the Board of the Training and Education Division. Our Board Members now are:

John Banmen, Canada, Anita Bardin, Israel, Judy Baumgold, Israel, Audrey Ellenwood, Treasurer and Membership Chair, USA, David Fennel, USA, Nalan Fraim, Turkish Cyprus, John Frykman, USA, Rick Miller, USA, Alicia Moreno, Spain, Shobha Pais, USA, Phoebe Prosky, Co-ordinator, USA, Frederik Snyders, South Africa, Tom Todd, USA, Rick Whiteside, New Zealand, Roxanna Zevallos, Peru.

The webpages of the Training Division on IFTA's website are growing. You will find a listing of our membership there. Also new on our website is a listing of Training Division members who are making themselves available to train in accordance with the principles of the Traveling Trainers program. This program is designed to help bring trainers to developing family therapy programs in countries requesting assistance with this task. Please see our webpages for further description of this program and for information both on how to apply for assistance and what is involved in being listed as a Traveling Trainer.

We will hold our annual meeting at the Congress in Porto on Thursday from 12-1:30. This is a time to discuss the expansion of our division and to exchange experiences related to training.

One of the functions of the Training Division is to try to move training materials around the world to places that need them. If you have any video or audio tapes, CD's or books in our field that you are no longer using, please bring them to the Division table at the Congress for redistribution or send them to the Secretariat, c/o Phoebe Prosky, 143 Flying Point Road, Freeport, Maine, 04032, USA. This is a very popular offering, and your materials will find good homes.

Joining the Training Division and renewal of your membership now is all done through the IFTA registration process. This has the enormous advantage to our members of being able to pay their dues by credit card instead of US dollars and at the same time that they pay their IFTA dues. If you want to join us, or to continue to support our efforts, please be sure to check the TD box on the dues payment page. We look forward to having you with us!

CALLING ALL USED TRAINING MATERIALS

Please bring any used training materials - video or audiotapes, CD's or books - to the Porto Congress to be distributed by the Training Division to programs in need of them. This is a very great service, so please participate if you can. If you are not going to Porto, please send the materials to Phoebe Prosky, Secretariat, 143 Flying Point Road, Freeport, Maine 04032 USA. Thank you very much.

Northern India, Continued from page 5

on magnificent English bone china with subdued flair reflected the former British style military training and traditions. He and his equally impressive son are now in the travel business together and the family has set up a ski and hiking lodge that they use for vacations and to accommodate their own tour groups in the mountains. The home was resplendent with treasures from their worldly travels and was set amidst lovely landscaped English gardens. Here too the daughter-in-law seemed very much part of her in-law family - we did not become aware of or hear any mention of the kind of daughter-in-law / mother-in-law antagonism one frequently encounters in the U.S. anywhere in our travels in India. Perhaps it exists but there is a taboo against revealing such feelings.

Distressing to us all was the fact that the trains were always several hours late, and not very comfortable or fast, the restrooms were totally unsanitary, and despite the fact that we had reserved seats, others were often seated in them when we boarded and refused to move unless and until our guide won the argument with the train conductor. Planes also rarely ran on schedule. Traffic congestion is overwhelming with busses, cars, bicycle driven rickshaws, horse drawn carts, motorcycles, tuc tucs (smallish three wheel cars), and cows all competing for space on the roadways with no traffic lanes and few signals. Bus drivers drive with hand on horn so noise and chaos reign supreme.

But on the positive side, the Taj Mahal is truly one of the Wonders of the World and thoroughly magnificent. The Temples and Forts are grand inside and out. Riding on an elephant is a triumphant experience. Traipsing through the colorful bazaars and buying armloads of bangle bracelets and other gifts and souvenirs was great fun. The cashmere pashminas were delicate and luxurious. Visiting one of the homes Ghandi lived in and hearing modern Indian history retold was spellbinding. Learning about the reasons Pakistan split off from India emanating from the alleged unwillingness of the majority of the Muslims to live in harmony with the Hindus, despite Ghandi's pleas and reasoning was enlightening, particularly in light of today's world scene and the murder of Pakistan's female candidate for Prime Minister. Going on safari in Rathombore National Forest and seeing tiger, herds of deer and numerous gorgeous birds up close was thrilling. The two days in Varanasi, the city on the Ganges where cremations are carried out every twenty four hours a day was awe inspiring. And going to the Temples in Kajuraho where carvings celebrating the fabled Kama Sutra are etched is a journey into another part of sexual and relational history.

India is a many splendored, variegated, multileveled and multihued country and the families there reflect its rich traditions and class and religious differences. Many marriages are still arranged by parents; yet since this is the 21st century and India is (partially) a hi-tech world, it is the parents who may go onto the internet to seek a suitable partner for their son or daughter.

Florence W. Kaslow, Ph.D. was IFTA Founding/First President

PORTO, PORTUGAL 2008 PRESENTERS

CONSTANCE AHRONS, PHD

Dr. Ahrons is a renowned expert on the impact of divorce on families and the author of a number of highly praised publications, including *We're Still Family* and *The Good Divorce*, and co-author of *Divorced Families*. Dr. Ahrons is Professor Emerita from the Department of Sociology and former Director of the Marriage and Family Therapy Doctoral Training Program at the University of Southern California (USC) in Los Angeles. She is also a Senior Scholar and founding Co-chair of the Council on Contemporary Families.

MARIA EMILIA COSTA

Dr. Costa is a full professor in the department of Psychology and Educational Sciences and president of the Institute of Psychological Intervention and Human Development at Porto University. She coordinates several post-graduate and doctoral programs in family systems and psychotherapeutic processes and has a vast experience in clinical practice. Professor Costa is the author of several publications, including *Looking for Intimacy and Conflict: A Systemic Analysis*, her present research interests include intimacy, divorce, family and sex therapy

VALENTÍN ESCUDERO, PHD

Dr. Escudero is a Professor of Psychology and Director of the family intervention postgraduate program at the University of La Coruña (Spain), and visiting professor at the Vrije Universiteit Brussel (Belgium). He is certified as psychotherapist and family therapist and currently serves as Vice President of the Spanish Association for Family Therapy Research (AEIDTF). Dr. Escudero is the author of over 20 journal articles and most recently has published *Therapeutic Alliances in Couple and Family Therapy* with Myrna Friedlander and Laurie Heatherington.

LYNN HOFFMAN

Ms. Hoffman is one of the leading thinkers and practitioners in the field of family therapy and systems theory. She received the AAMFT Lifetime Achievement Award for Distinguished Contribution. Lynn has presented at hundreds of conferences, workshops, panels, in the U.S. and abroad, over the past 40 years. She is the author of *Techniques of Family Therapy* (with Jay Haley), *Foundations of Family Therapy*, *Milan Systemic Family Therapy* (with Luigi Boscolo, Gianfranco Cecchin, and Peggy Penn), *Exchanging Voices*, and most recently, *Family Therapy: An Intimate History*.

ESTHER PEREL

Ms. Perel is a licensed marriage and family therapist and consultant who specializes in cultural identity, cross cultural relations and ethnic and religious intermarriage. She also serves on the faculty at Columbia University's International Trauma Studies Program. Fluent in eight languages and a popular media commentator, Ms. Perel has been featured by *The Washington Post*, *The New Yorker*, *Vogue*, the *Oprah Winfrey Show*, *CBC News*, *CNN*, and many others. Ms. Perel is the author of *Mating in Captivity: Reconciling the Erotic and the Domestic*, which has received numerous accolades.

ROSA MARIA S. MACEDO, PHD

Dr. Macedo is the Director of the Family and Community Nucleus, a Professor in the Department of Clinical Psychology, and Director of the Family and Couples Therapy training program Pontifical Catholic University in São Paulo, Brazil. She is the founding member of the Associação Brasileira de Terapia Familiar (ABRATEF) and Associação Paulista de Terapia Familiar. Dr. Macedo is

the author of many publications including *Psicologia e Instituição* (Psychology and Institutions), *Terapia Familiar no Brasil* (Family Therapy in Brazil), and *Psicologia na Comunidade* (Psychology in the Community) with Carmen Moré.

DANIEL SAMPAIO, MD, PHD

Dr. Sampaio is Professor of Psychiatry at the University of Lisbon and the Lisbon Medical School. He is the founder and first President of Sociedade Portuguesa de Terapia Familiar (Portuguese Family Therapy Association). Dr. Sampaio is a prolific author with numerous publications to his name, including *Vagabundos de nós* (Vagabond of Us), which has been adapted for the theater, *A Arte da Fuga* (The Art of the Escape), *Ninguém Morre Sozinho* (Nobody Dies Alone), and most recently *Lavar o Mar* (To Cultivate the Sea).

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